

Spring/Summer 2018



**BTC**  
ACTIVE



# Extra Active

## Monday

Volleyball  
**Zumba**

## Tuesday

Trampolining  
Yoga  
Softball Cricket  
**All Ability Football\***  
Fencing

## Wednesday

Female Only Gym Session

## Thursday

Just Play Football  
**Trampolining**  
Girls Softball Cricket  
Yoga

## Friday

Parkour  
**Archery**  
Futsal



Don't forget to follow  
us **@BTCActive**

For more information, email  
[btcactive@btc.ac.uk](mailto:btcactive@btc.ac.uk)  
No additional kit required.  
Please wear appropriate footwear.